

2. Submit to the divine decree

Believe in the plan of Allāh, and whatever Allāh Wills will be and what He does not Will, will not be. He is the Just One, Who oversees His servants' affairs justly. He is on the straight path in His words, His actions, His judgment, His destiny, His commandments, His prohibitions, His rewards and His punishment. His verses are truthful, His Judgment is correct, and His commandments are beneficial. He prohibited all that which is evil and mischievous. His reward descends upon those who deserve His mercy and grace. His punishment descends upon those who deserve torment by means of His Justice and wisdom. Allāh (SWT) says '**Whatever of mercy (i.e. of good), Allāh may grant to mankind, none can withhold it, and whatever He may withhold, none can grant it thereafter. And He is the All-Mighty, the All-Wise.**' [Sūrah Fāṭir: 35:2]

أنا لله وأنت الله
أنا عبدك وأنت ربك
أنا فقير وأنت غني
أنا جاهل وأنت عالم
أنا ذليل وأنت عظيم
أنا مسكين وأنت كريم
أنا غافل وأنت حليم
أنا جاهل وأنت عالم
أنا ذليل وأنت عظيم
أنا مسكين وأنت كريم
أنا غافل وأنت حليم

Imam Ibn ul Qayyim explained: "I can't act freely in that which You granted me, either my money or myself, except by Your orders. This is because no servant can behave freely except with his master's permission. I can neither hurt nor benefit myself, and I possess no power (of causing) death, nor (of giving) life, nor of raising the dead."

3. Revive your heart

In this dua, the word 'spring' of the heart likens it to "rain", which brings life to earth. The Quran is compared to rain because it revives the hearts. The slave when making this Dua, makes a similarity between water, which is the cause of life, and between light, which is the cause of brightness. So the supplication implies that the heart is revived (elimination of worries and sorrow) by the spring of the Quran, for it is the light of the chest, a concept, which combines life and light.

Its also understood to mean the Spring seasons which comes after winter - a time of bitterness, cold - a time in which all of the plants and grass are dead, and the crops are barren.

The cure for despair is the **Quran**. To read it and reflect on it. To develop a personal relationship with it. To internalize the lessons from it. To remember that Noah gave *dawah* for 950 Years and yet was told to "*Patiently persevere...*" To remember that Abraham was thrown into a massive Fire, but didn't give up. To remember that the Prophet Muhammad himself ﷺ was ridiculed and hated in society at one point, but he continued to change people's hearts, one person at a time, because his own heart was **rejuvenated** with

the Quran. What a beautiful way to describe the Quran - as the **Springtime** of our hearts and souls.

But the Prophet ﷺ didn't stop there; instead he asked that Allah make the Quran the **light of our chests**. What is Light? It's that which *guides* us. So now the Quran is not just providing us new life, but is guiding us along the Path as well. Most of us take the Quran as an academic Book - we don't have a personal relationship with the Book of God. How many of us keep a journal of personal reflections on the Verses of the Quran that we read?

The Quran is transformative by its very nature. For example, the Prophet ﷺ was said to be more giving and generous during the month of Ramadan than in other months of the year, the very same month in which he was known to recite the Quran more often than others. Why? **Because that recitation & reflection of Quran led to a change in his behavior.** And ultimately, that's what it will do for us: it will change our behavior with each other, with one another, and with our Lord.