

Hasan al-Basri was asked “Why do you appear unconcerned with what people say about you?”

He replied, “When I was born I was born alone, When I shall die I shall die alone, When I am placed in my grave I will be alone and when I am taken to account before God I shall be alone. If I then enter the fire it will be alone. If I then enter paradise it will be alone.

So what business do I have with the people?”

What is wrong with us?

- When we feel angry; we scream instead of doing wudhū
- When we feel sad; we cry to our friends instead of talking to Allāh
- When we feel stressed; we listen to music instead of listening to Qur`ān
- When we feel cheated; we plan for revenge instead of having patience
- When we feel empty; we go watch a movie instead of doing dhikr