Shaw'wal 1437 July - August 16 Issue 16



Eid-ul-Fitr

Eidul-Fitr or shall we call it 'Eidul-Feast', the meaning of fitr is 'breakfast'. Allah, the All-Mighty is treating the believers by declaring the day after Ramadhan to be a day of eating and drinking. He has also made fasting haram on this day.

The night that precedes the Eid day is also precious and very virtuous for those who do not forget Allah after Ramadhan. Since Islam is a complete way of life, for the entire life, there will never be a moment or an occasion where Muslims do not remember Allah and glorify Him. Eid is an example where even before the day, the night that precedes it is also great.

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Eid - Understanding Eidul Fitr ... continued

By Mawlana Muhammad Rayhan

...continued

Eid Night

Whoever stands up (in worship) in the nights preceding the two Eids expecting rewards from his Lord, his heart will not die when the other hearts will die (doomed hearts on the day of judgement). (Ibn Majah - This hadeeth is accepted by number of hadeeth scholars)

The least a person can do is pray all the Salahs in the Masjid including the fajr of Eid and abstain from parties where there are haram activities.

History of Eid

Anas RA (May Allah be pleased with him) said: When the Messenger of Allah (Peace be upon him) came to Madinah, the people had two days on which they would play games, He (Peace be upon him) asked: What are these two days? They replied we used to play games on these days during the pre-Islamic days, then the Messenger of Allah (Peace be upon him) (said: "Indeed Allah has exchanged these two days with a better two days (they are) the day of Adh'ha and the day of Fitr". (Abu Dawood)

Saying 'Taqab'balal'lahu Min'na Wa Mink' as Eid Dua & Greeting

When the companions of the Messenger of Allah (Peace be upon him) would meet on Eid day, they would say to each other 'May Allah accept us and you'. (Fathul Bari)

Eating before Eidul Fitr- Salah

Buraidah RA said: "The Prophet (Peace be upon him) would not go out on Eidul Fitr until he had eaten and he would not eat on Eidul Adh'ha until he returned and he would eat from his sacrifice". (Ahmad)

Adornment on Eid

Hasan As-Sibt said: that the Messenger of Allah (Peace be upon him) commanded us to wear the best clothes that we could find for both Eids and to use the best perfume that we could find

Luton Muslim Journal

Luton Muslim Journal is a monthly journal which promotes Islam and Muslim contribution to the wider society. It has no affiliation with any political organisation. The journal covers various topics which effects the Muslims and the society.

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Eid - Understanding Eidul Fitr ... continued

and to sacrifice the most expensive animal that we could find. (Haakim)

Walking to Eid Salah

Ali RA said: It is sunnah to walk towards the Eid Salah. (Ibn Majah)

Going through one route and returning from another

Abu Hurairah RA said: "When the Prophet (Peace be upon him) would leave for Eid (Salah) he would return from a different route to the one he went in". (Muslim)

Praying Eid Salah in the Musalla

It was narrated from Anas bin Malik that the Messenger of Allah (Peace be upon him) prayed 'Eid at the prayer place, using a small spear as a Sutrah (Barrier in front). (Sunan Ibn Majah) It is sunnah to pray Eid salah outside the Masjid in the fields. However if there is a genuine excuse like rain etc. then it is permissible to pray in the Masjid as did the Prophet.

Women can also pray Eid salah with the condition that men and women observe hijab. Women must cover themselves and abstain from applying any perfume. Men must keep their gazes down.

It was narrated from Ibn 'Abbas that the Prophet (Peace be upon him) used to bring his daughters and his wives out on the two 'Eids. (Sunan Ibn Majah)

Eid is a Day of Eating & Drinking

Uqbah Ibn Amir narrated that the messenger of Allah (Peace be upon him) said: Indeed the day of Arafah and the day of Nahr (Day of slaughtering meaning Eid day) and days of Tashreeq are our Eid, the people of Islam, and they are the days of 'Eating and Drinking'. (Nasai)

Although this hadeeth only mentions Eidul Adh'ha, the same ruling is for Eidul-Fitr in terms of eating and drinking.

Islamic songs, playing & watching sports on Eid day

Aisha (RA) narrated that the Messenger of Allah (Peace be upon him) entered (my house) whilst I had two girls singing the song of the battle of Buaath. Then He (Peace be upon him) lied down and turned his face away. Later Abu Bakr (RA) entered and told me off by saying 'Instruments of Satan next to the Messenger of Allah (Peace be upon him). Then the Messenger of Allah (Peace be upon him) turned towards him and said "leave them".

And when He (Peace be upon him) became inattentive I hinted to them (two girls to leave) hence they left.

And it was the day of Eid and the black people were playing with shields and spears.

It was, either I asked the Messenger of Allah (Peace be upon him) or he asked me that do you want to watch, so I said 'yes'. He made me stand behind him, my cheek touching his cheek and He (Peace be upon him) said: "Oh Banu Arfadah be busy" (cheering them on), when I became bored he said "Is this enough", I replied 'yes'. Then he asked me to leave. (Muslim)

Note:

- -The lyrics of any songs must not contain anything un-Islamic
- In Islam musical instruments are forbidden except Duff- one sided drum
- Any gathering open to male and female must facilitate and encourage Islamic segregation as much as possible



Duff: One sided drum

Virtues and Rules of Sadaqatul Fitr (Zakatul Fitr) .. Continued

It is narrated from Ibn Abbas RA that the Messenger of Allah (Peace be upon him) made Zakatal fitr (obligatory charity of Fitr- Ramadhan Eid) compulsory, as a source of 'purification' from mistakes and sins during fasting and a 'feast' for the poor. (Abu Dawood)

Ibn Abbas RA said (to the people) at the end of Ramadhan ' Take out your Charity of Fasting ' (then he narrated that) the Messenger of Allah (Peace be upon him) made this charity compulsory, to give a Sa' of dates or barely, or half Sa' of wheat, it is compulsory upon all free, slave, male ,female, adults and children. (Abu Dawood and Nasai)

What is Sadaqatul fitr?

Compulsory charity discharged on Eid day. Importance & virtues

- -For the person giving it Allah will purify his fasting from any sins and defects due to the charity
- -Source of 'Eid smile' on those who are poor and needy by providing a feast for them

Upon whom is it compulsory?

All Muslim males, females, free, slave, young and adults as long as they have wealth beyond their necessity that is equivalent to Zakatable amount (87grams of gold, 612g of silver or its value in cash)

- Unlike Zakat, in Sadaqatul Fitr, possession of the wealth for the entire Islamic lunar year is not a condition, as long as a person owns that amount on Eid day
- Guardians who pay on behalf of the family must ensure they know about it

When is it compulsory?

From the Subh Sadiq- Early dawn of Eid day, that is the beginning time of Fajr Salah because that is when Eid Day Begins

- If someone is sending it elsewhere then it is better to give it a little earlier so it reaches the needy by Eid Day

How much is compulsory?

As mentioned in hadeeth;

- -One Sa' of barely or dates that is approximately between 2 to 3kg or
- -Half Sa' Of wheat which is between 1.5 to 2kg
- Or its equivalent cash
- -Speak to your Local Imam and Masjid for the amount in your locality.

Note: The reason for different prices is due to the type of product (barley or date as prescribed in hadeeth) and the different market prices.

By Mawlana Muhammad Rayhan

6 Fasts of Shaw'wal!

Easy way to earn the reward for the entire fasting

"Whoever completes the fasts of Ramadhan then adds to them the fasts of six days in the month of Shaw'wal, it will carry the reward of fasting for the whole year." (Sahih Muslim)

This is a great offer from Allah as an extension of his great offers from Ramadhan.

How does it work?

Normally one good deed equals 10 good deeds therefore;

1 month of fasting in Ramadhan will equal to 10 months of fasting.

The 6 fasts of Shaw'wal will be multiplied by 10 to equal 60 days which is 2 months. As a result, it will equal 12 months to complete an entire year.

Note: 6 fasts can be kept any time during Shaw'wal.

Holidays

How to make the most of it ..

We are so used to holidays coming and going that sometimes we fail to benefit from them. That's right, benefitting from holidays is extremely essential for you and your family's development. Many parents perception of holidays is, 'it's a hectic time and a LOT of SPENDING'. This is true in most cases due to the wrong or rather naive approach to this wonderful occasion. This hadeeth fits perfectly with the theme of holidays.

Ibn Abbas reported: The Messenger of Allah, peace and blessings be upon him, said to a man and he was admonishing him, "Take advantage of five before five: your youth before your old age, your health before your illness, your riches before your poverty, your leisure before your work, and your life before your death." (Baihaqi in Shuabul Imaan)

Change our approach

We need to think of the purpose of holidays, why do we have them? Does it mean that we are relieved of all responsibilities? Here are some thoughts put together by some students;

- >We need holidays so that we can focus on the more important issues of our life which is connecting with Allah. When we are in our day to day routine it is possible to lose focus.
- >A holiday is a good time for us to do those things which we struggle to do in term time. E.g. meeting larger family, enjoying some quality time with our close family.
- >Good time to memorise some portions of the Quran or to learn basic Tajweed.

By thinking like this we will all be planning for the holidays. It'll be a time of more achievements than waste.

Here are some tips for parents on things we can do in the Holidays to make our time more fruitful and productive.

- >For parents it might be a good idea to theme the holidays with morals and character we wish to inculcate within our children. E.g. to teach young ones to say Salaam to whoever they meet. One may right the word of the day on a board clearly visible, and have small prizes for the ones who follow it.
- >Go out or stay indoors and have a no wifi / internet time in the house. During this time you will realize that you as a family must interact more. This will be a good opportunity to play some games with the kids, or include stories of the Prophet's session.
- >Have a designated time for Quran and follow it religiously. (best time is probably in the morning)
- >Eat at least one meal a day together. You may go to a restaurant if affordable. This brings love between the family.
- >Outdoor activities are necessary for the development of the children. Make the most of the summer. Children nowadays are reluctant to play outdoors due to technological advancements; however physical exercise is important so you may need to gently force them.
- >Finally prepare for the next year. Now that you have had your break, start to actively prepare yourselves for the next year in advance.

The messenger of Allah *peace* and blessings be upon him once said:

'There is no intelligence like (good) planning.' (Ibn Maajah)

By Mawlana Thaqib Mahmood





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Discover Islam Luton

Discover Islam delivers workshop in Islam

Our Team recently visited a Primary School in Aylesbury to deliver workshops on Islam and had this response from the school....

"Dear Asim,

I write to thank you and Redhwan, Hasib and Samina, who came to our school to deliver the workshops on the Islamic faith on Tuesday. We had such a wonderful day!

All the staff and children enjoyed the day and have learned so much about the five pillars of Islam and about the prophet Mohammad. The staff were very impressed by Redhwan, Hasib and Samina and were surprised to learn that it was the first time they had worked with children in school to deliver a workshop. They did work extremely hard and were also very patient and gracious about the parking difficulties they had.

I will certainly recommend Discover Islam to other schools and wish Redhwan, Hasib and Samina best wishes for their future workshops. God Bless.

Jackie Aggett"



Ramadhan 2016

Annual he Fast-a-thon iftaar in support of Luton Foodbank & MacMillan Cancer Support



"After fasting for a day my admiration goes out to those who are fasting for the whole month! Great to support a good cause too." (Gavin James)



Continuing the Ramadhan Spirit .. Continued

By Mawlana Thaqib Mahmood

Oh you who believe! Fasting is prescribed for you, as it was prescribed for those before you, so that you may attain Taqwa. (2:183)

As we mourn the departure of Ramadhan and greet the coming of Eid, let us ponder for a moment why Ramadhan was given to us in the first place. The above Aayah encapsulate this very phenomenon perfectly. Allah has created us with two essential components; a Physical existence (a body) and a spiritual command (the soul). Both of these combined make us what we are. We therefore, have a religious obligation to uphold the needs of both of these things. During the 11 months of the year we tend to exhaust the physical body's desires, by responding to all its demands almost imminently, some of which, at times, are not permissible.

It is in the month of Ramadhan (for those who spend it properly) where we are able to tilt the balance. Now, in this blessed month we starve our physical desires and begin to quench the desperate thirst of our spiritual souls. For a month we prevent ourselves from those acts which are permissible in normal circumstances. This strengthens the ability of our souls to actively prevent ourselves from succumbing to impermissible actions, outside of Ramadhan. One may draw a parable with a training camp or a fire drill where we prepare for the Real DEAL. Similarly in Ramadhan we have prepared for the remaining months in controlling our desires, having patience, generosity and brotherhood. It is time, to now put our training to the test.

The stark reality is that, despite the aspirations of many being high to maintain the disciplines learnt during Ramadhan, the spirit will eventually dwindle. My sincere advice firstly to myself is Just don't let it dwindle suddenly! Another analogy is that Ramadhan is like a service for our soul, this is why Allah swt blesses us with it annually. We should try our best to maintain the spirit of Ramadhan as long as we can, otherwise we may ruin our soul to a level, that even a service may not be enough. A simple way of doing this in my opinion, is to keep company with those amongst us, we feel are able to keep us going. This could be a local brother from the Masjid, an Imam of the Masjid, A sincere colleague at work, and most essentially keeping the link with the Quran (the book of Allah).

In conclusion the Taqwa (cautiousness/ self-restraint) of the nafs (soul) is the message of Ramadhan. Let it be that it is this Taqwa that we take forward. Taqwa is a tool which keeps us connected to Allah, in Ramadhan we find that connection. Successful is the one who is able to maintain that connection throughout the remainder of the year.

Let it not be that in Ramadhan we find the password to Allah, and after Ramadhan we are kicked off the network.

May Allah bless us all with the spirit of Ramadhan throughout the year. (Ameen)





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